This book provides part of the important and formative reading a medical student must do outside the prescribed requirements for a degree, and is also equally valuable to qualified practitioners and medical professionals.

Here, laid out clearly and concisely, are all the well-established potholes and pitfalls in current medical thinking and practice.

It is a thought provoking challenge to modern medical practice and research and is intended to encourage us to consider the way medicine is taught. Modern medical practices are driven by science, technology and consumerism, with the cost of treatment weighted in favour of the doctor rather than to the benefit of the patient. Dr Hegde confronts the issue, and proposes an alternative humanistic attitude to education and treatment. Drawing on a huge range of resources from Sanskrit texts, Green and European philosophers, ancient and modern healers, to the most up to date Western research and publications – he has written a book that is both scholarly yet easy to read, a polemic against and an appreciate of the art and practice of medicine, and which will appeal to everyone involved in medicine whether students, practitioners or patients.

Foreword by

Rustum Roy

Elected Member of the National Academies of the US, Sweden, Russia, Japan & India. Named to the order of the Rising Sun with gold Rays by the Emperor of Japan.
Medical school is a requirement for a doctor career. Learn about pre-med programs and the steps required to practice medicine, and find medical school programs. The path to becoming a physician begins in medical school, which generally requires four years of full-time study beyond one’s undergraduate studies. Curriculum is divided between classroom-based instruction in the sciences and clinical rotations where students develop applied skills in various areas of medicine. Step 5. Pass Parts I & II of the United States Medical Licensing Examination (USMLE). In order to practice medicine legally in the US, students must take and receive a passing score on the United States Medical Licensing Examination (USMLE), a three-part examination taken during a